



From A to Z *Alpha Zeta Chapter*

Volume 63, Issue 1
July 2018

Eta State
North Carolina

Region VIII
Mecklenburg and Union Counties

President's Message

Dear Alpha Zeta sisters,

"I hope by now you able to reflect upon the sun-flooded places of summer vacation. There we can find the fullness of ourselves again...this is so necessary to help us do a good job in the year to come." – Judith Kennedy, President of Alpha Zeta Chapter, August 31, 1978. This was the beginning sentence to the president's letter for that specific year and it seemed fitting to begin mine with this reminder and memory of our past as we look to our future. I discovered this letter when Kim Schroeder and I were looking through the many items that represent our past as a sisterhood.

While we look to our past with honor and reverence, we must also look to our future. Annie Webb Blanton said it well with her words, "Be progressive. Keep up with the moving world while not discarding what in the old has value. But don't cling to the old when it's worth has passed. Don't be a person so set in your views that nothing can change you." It has been noted as I have attended Convention and the summer Leadership workshop that changes are coming for Delta Kappa Gamma. We should hear shortly about the changes to our organization after the International Convention and I will receive more in-depth information at a meeting in September at Elon University.

I hope that each of you are prepared for the next year as we begin a new biennium and I know that I can count on this amazing group of women educators to embrace the changes that may come our way. I will soon be contacting members of our group to serve in the roles of chairperson for our committees. If there is a specific committee that you would be interested in serving on, please email me as soon as possible so that I can have that information as I set those up for the next two years. It is important that we all are willing to serve so that we can meet the mission of our organization. My personal email address is janieswebb60@gmail.com. I look forward to hearing from you as we look "to be progressive".

Yours in Sisterhood,

Janie



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JANIE WEBB

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DEB CHRISTENSEN

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Send in your Alpha Zeta News!

Please email any information you'd like to share with your sisters—for example; weddings, births, graduations, celebrations, conferences attended, special recognitions, etc. Please email your information

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“Let’s Sparkle!”

“DKG: Leading Women Educators Impacting Education Worldwide”



Mission Statement

The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.

Elevator Speech

Delta Kappa Gamma is an international honor society of women educators, which encourages and supports professional growth through legislative efforts, conferences, workshops, and offers scholarships to members and future educators.

Theme

“DKG: Leading Women Educators Impacting Education Worldwide .”

Upcoming Events

2018

- July 31 [Chapter Visit Request Form](#) due (optional)
- Aug. 1 *Bulletin: Collegial Exchange* submissions due
- Aug. 5 Arts & Humanities Gallery submissions for Fall Gallery opens (until Sept. 5)
- Sept. 1 Deadline to apply for Lucile Cornet Individual Professional Development (PD) Award
- Sept. 1 International Speaker’s Form applications due to state president
- Sept. 5 [Registration form](#) for Fall Executive Board Meeting is **due to** Dr. Barbara Perry-Sheldon
- Sept. 15 Fall Executive Board Meeting, Elon
- Sept. 30 Deadline for grant applications to the NC DKG Educational Foundation
- Aug. 18 Alpha Zeta Executive Board Meeting, 10am, Janie Webb’s house
- October Alpha Zeta meeting (date to be determined)
- Oct. 10 *Eta State News* submission deadline to [Editor Carol Bostian](#)
- Oct. 31 Membership dues due to chapter treasurers
- Oct. 31 Deadline to submit Form 72 Society Website Compliance Assurance form

2019

- Mar. 22-23 Leadership Development Seminar, Asheboro
- May 3-5 Eta State NC Convention, Crowne Plaza, Hickory
- June 21-24 Leading Effective Meetings Seminar, Asheville
- June 27-29 Southeast Regional Conference, Crowne Plaza, Asheville
- Also check the Eta State NC calendar online at <https://www.ncdkg.org/calendar.html>.

New Online Calendar

In addition to the calendar above that lists most deadlines for the coming DKG year, Webmaster Beth Winstead has posted a calendar on the Eta State NC website under the News tab here: <https://www.ncdkg.org/calendar.html>.

To save an item from the online calendar to your personal calendar, click on the blue bar. An info box will pop up. Click on the “save to my calendar” link and save. It works the same for Apple or Android platforms. DKG International also has an [on-line calendar](#) under the [Events tab](#). You must be logged in to see it.



Alpha Zeta Executive Board Meeting

The Executive Board will meet on Saturday, August 18th at 10 am at Janie Webb’s house.

Address: 5602 Griffith Rd. Monroe, NC 28112

Alpha Zeta meeting dates for the biennium will be determined at the Executive Board Meeting.

Eta State President Connie Savell



Let’s Sparkle!

Let’s SPARKLE!

Goals:

- Encourage **S**avvy leadership
- Inspire **P**assionatE, meaningful programs and projects
- Analyze and **A**rticulate current educational issues
- Further **R**espect for diversity in membership
- Promote **K**nowledge through lifelong learning
- Establish and **L**aunch a member wellness initiative
- Advocate **E**xcellence in education

Eta State North Carolina had some amazing new leaders attending the 2018 New Chapter Leader Training last month. It was exciting to see so many young members assuming the role of chapter president. As the presenter for the presidents, I was energized by the participants who attended my session. Eta State will continue to

SPARKLE as we promote the goals above.

I hope you have taken time to read the proposals to the *International Constitution and Bylaws*. Eta State has approximately 40 members planning on attending the 2018 DKG International Convention this summer. Our members will listen and make decisions that will impact DKG in the future. If you have any thoughts or comments that you would like to share with me prior to July 16, 2018, I am willing to listen or read your comments and take them into consideration in my voting.

This year Eta State would like to recognize members who have made notable contributions to the field of education in their communities and at the state, national or international levels. Next year marks the 85th birthday of Eta State and what better way to celebrate its history than by honoring the membership, both past and present. Chapters are asked to begin organizing names and accomplishments of members that have made notable contributions to education over the last 85 years. The sky is the limit of who or what they have accomplished! Watch for further details to come as the year progresses.

Let’s Sparkle!

Connie

Connie Phifer Savell
 Eta State NC President
 2017-2019

Happy Birthday!

August		September	
7	Jean Davis	2	Frankie Ritch
16	Sylvia Little-Sweat	5	Judy Cline
18	Linda Klein	5	Alice Coleman
25	Dr. Rachel Clarke	15	Sarah Harrison-Burns



“DKG: Leading Women Educators Impacting Education Worldwide”

Chapter Achievement Award Form is Online

The 2018-2019 [Chapter Achievement Award application](#) is now on the Eta State website under the [Forms tab](#). The goal of the Awards Committee is to make this process fully digital. Chapters will be able to download the form, type directly in the form, and email it to the regional director. The Awards Committee will share more information soon regarding this process. Donna Rudisill, Awards Committee Chair, sends a big Thank You to Beth Winstead for converting their document to a fillable form!

Also new with the Chapter Achievement Award this year will be the recognition method. The top five chapters will receive a digital badge that can be used in newsletters and on websites. The committee reviewed the evaluations from the state convention and listened to the comments that were made.

What Are Digital Badges?

Digital badges are validated indicators of accomplishment, much like physical types of badges that show achievement, such as Boy Scouts use. Digital badges can be displayed on newsletters, websites, or social media sites. That way everyone can see your “award.”



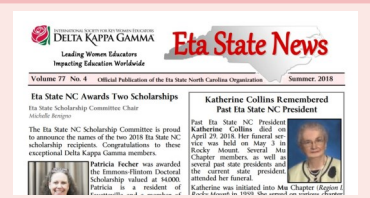
Eta State News Summer Edition

The summer issue of *Eta State News* is available here:

[PDF Version](#)

[ESN Flipbook Online Version](#)

For an abbreviated black and white copy of the recent issue, [click here](#).



Eta State Wellness Initiative

Self-Care Wellness—Living a Balanced Life By: Dr. Teresa H. Cowan, Eta State NC EEC Chair

Did you know that nearly 15 million Americans—one in 10 adults—experience depression each year? Major depression affects your **mood, mind, body, and behavior** and about two-thirds of those impacted don’t get the help they need.

Women experience **twice the rate of depression as men, regardless of race or ethnic background**. An estimated one woman in eight will contend with a major depression in her lifetime. (<http://www.networkofcare.org/library/womenanddepression.pdf>)

For more information on the Eta State Wellness Initiative, **Self-Care Wellness—Living a Balanced Life**, visit <https://www.ncdkg.org/educational-excellence-committee.html>. You’ll find information,

resources, activities, and tons of programs to aid in your EEC efforts as your chapter works toward

self-care at both the individual and chapter levels. Download the PDFs as resources, share with your members and plan some of these self-care activities as chapter programs. They will make a difference for all involved. Remember to share EEC success stories as the year progresses. Here’s to a year of **Wellness!**

Footnote: If you are unfamiliar with SCRIBD (the program on the EEC link on the Eta State NC website), just explore. You cannot hurt it. It has a side scroll bar that all are accustomed to using and also has a download icon, which is the common “down arrow.” Contact me if needed: Dr. Teresa H. Cowan, drthcowan@gmail.com.



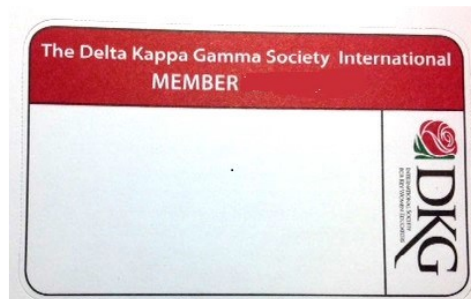
“DKG: Leading Women Educators Impacting Education Worldwide”

Alpha Zeta Dues Due!

The dues in the amount of \$76.00 for active members and \$45.00 for reserve members can be paid at the October meeting or they can be mailed to:

Lisa Stephens
5728 Verrazano Drive
Waxhaw, NC. 28173

All dues must be paid no later than October 25th.



DKG News to Become Online Only

The July/August issue of *DKG News* is now online.

The summer issue has traditionally been online only but at the May Administrative Board meeting, the board voted to eliminate all print issues and retain the online versions, so there will be no more printed and mailed copies.

Rising printing and mailing costs and declining DKG membership caused the board to find ways to cut costs. Five print issues of *DKG News* a year cost the Society over \$115,000.



FOR KEY WOMEN EDUCATORS VOL 75 NO 4 JUL/AUG 2018

New membership director began in June

WHAT'S INSIDE
Keeping up with the moving world p. 2
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Patricia "Trish" Woodley is the new membership director. She began work at Society Headquarters June 4. The Administrative Board interviewed Woodley in May. She was chair of the Career and Technical Department at Cedar Creek (Texas) High School where she taught medical career education courses that included community outreach and coordinated and supervised a student employment program. She initiated and coordinated the Shattered Dreams school district professional development, directed advisory board meetings and conducted medical seminars in a variety of settings and audiences. She has technology experience and describes herself as an organized and



Trish Woodley brings varied experience to her new position.



Foundation Update: Golf Event, New Endowment and Grant Proposals

The NC DKG Educational Foundation sends a great big **thank you** to members and friends who contributed items, money, and time to *Tee It Up For Teachers*, its first charity golf tournament. The event was held at Boone Golf Club on June 11. The weather was perfect, the course beautiful, the volunteers enthusiastic, and the players supportive. It was a great day for fun and *fundraising!*

The Foundation is excited to announce the establishment of another limited endowment. The four DKG chapters in Greensboro (Alpha, Beta Beta, Beta Gamma, Beta Delta) have created this endowment in memory of Lynda Tamblyn. Lynda’s contributions to Delta Kappa Gamma, education, and the Greensboro community are immeasurable.

Grant proposals for the 2018 cycle of funding will be due September 30. Grant categories will again be Professional/ Personal Growth Grants and Learning/Literacy Grants. Proposals are to be **submitted via email** to the Grants Review Committee Chair and must be **received no later than September 30, 2018**.

Proposal Forms and the email address for submitting proposals are posted on the Foundation website at <http://www.ncdkgef.org/>, under the Grants tab.

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Alpha Zeta Member News

Meet our New Alpha Zeta Sister, Heather Shulman



Mrs. Heather Shulman is originally from Washington, NJ and moved to the Charlotte area with her family 12 1/2 years ago for warmer weather and lower taxes. Mrs. Shulman is an avid reader (of course) who leans toward historical fiction and dystopian novels. In her spare time she loves to garden and take her dog Bentley on long walks.

Mrs. Shulman received her Bachelors Degree in Business Administration from Centenary College in Hackettstown, NJ in 2002. She worked in the insurance industry in New Jersey for 8 years. After moving to North Carolina, Mrs. Shulman decided to change her career path and accepted a job at Rocky River Elementary School as an instructional assistant in August of 2008. The next year she began working in the Media Center as a media assistant and continued working in that role until May of 2013. While working as a media assistant it became clear that Mrs. Shulman should go back to school and get her masters degree in Library Sciences so that she could become a media coordinator. In August 2013 she was fortunate to work as the media coordinator while attending North Carolina Central University (NCCU). Mrs. Shulman graduated from NCCU in December 2015 with her Masters Degree in Library Sciences. Mrs. Shulman began working as the media coordinator in Fairview Elementary School in August 2016 and was recognized as Teacher of the Year in the 2017-2018 school year.

Mrs. Shulman married her high school sweetheart, Kevin, in 1999 and they have two boys, Collin and Connor. Collin will be a Junior at Hickory Ridge High School in Cabarrus County and is an accomplished wrestler. Connor is entering 7th grade at Hickory Ridge Middle School in Cabarrus County and excels at football and soccer.

Linda Klein

“My granddaughter, Kazimir Klein, graduated from high school and will be attending Kent State University (my alma mater) with plans to major in dance.”

Gladys McKain Kerr

“This summer I have been organizing Storytelling Events for Waxhaw. We call our presentation: The Gospel Truth. Local residents just tell stories about their lives and time in Waxhaw. We have large numbers of residents now who know little or nothing about our history, which actually beings in the 1750’s. We tell stories each third Friday evening at 6 pm, free and open to all, at the old Niven-Price Co. downtown. Please come!!!”

Tech Tip

You’ll be asked to submit various fillable forms this year. Remember to download them to your computer first, change the file name to something you’ll remember, and then fill the form out and save again before you attach it to an email to send or to upload it. You can always double click on the attachment to make sure it’s filled out and that you’ve done it correctly.



Important Websites

www.alphazetanc.weebly.com

www.dkg.org

www.ncdkg.org

www.facebook.com/groups/AlphaZetaNC/

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Alpha Zeta Member News (continued)

Helen Rose

Has been traveling this summer. She just returned from an 11 day tour of Central Europe. Highlights were Prague, Vienna, Austria. Thirty-eight members from PUMC

Chancel Choir Members had performances in magnificent Cathedrals in Prague, Salisbury, Vienna and Brono. Lots of walking, little "down time", but a great experience.

Janie Webb

Retired on July 1, 2018 with 31 years with UCPS and a total of 35 years including her years in WV. Janie also was recognized with the Union County Association of Educational Office Personnel Administrator of the Year Award. Congratulations!



Rachel Clarke

“We just finished our 25th Anniversary trip to the Holy Land. My first teaching job was in Israel, so it was thrilling to go back and see everything again with my family. We stayed in Jerusalem, but also made trips to Bethlehem, Tiberias, Nazareth, and the Dead Sea.”

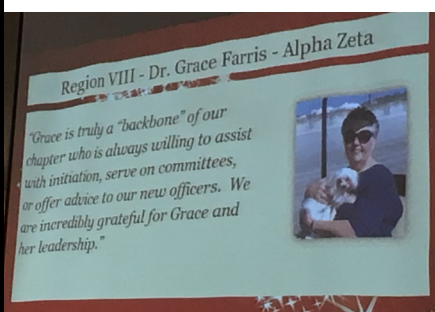
Rachel’s father passed away last month.

Deb Christensen

“I took an amazing two week trip with my Mom to visit some of this country’s beautiful parks and monuments. We traveled across eight states and stopped at 13+ parks and monuments. My favorite experience was a raft ride down the Snake River in Grand Teton National Park. We traveled over 3,000 miles on a coach. Tiring, but so worth it!”

Other Alpha Zeta News:

Eta State Convention Update



Congratulations to **Grace Faris** for being awarded the Golden Key for Region VIII! We are sorry Grace could not be there in person but we certainly were cheering for her at the ceremony.

Alpha Zeta won a Chapters of Excellent Achievement Award. We were one of 19 chapters to receive that honor.

Alpha Zeta also won the Communications Excellence Award and we are still the only

chapter in our region to earn that award!

Now that the new Chapter Achievement Award document is available, start thinking of how you can contribute to our chapter. As they said at the convention, it’s not really about the points, it’s about striving to be a strong chapter and the categories on the award form are what DKG feels will help to build a chapter.

The 2019 convention will be in Asheville and that’s a great place for a mini vacation. Make plans to attend!

AZ Scholarship Update:

The Scholarship Committee has selected Sarah Rose Choffin, a May graduate from Providence High School, as our 2018 Grant-in Aid Scholarship recipient.

Sarah has an outstanding high school academic record as well as impressive volunteer community activities throughout her high school years. She will be attending NC State University this fall where she plans to pursue a career in education.

Chapters of Excellent Achievement			
Kappa	Region VIII	Beta Omicron	Region VII
Iota	Region II	Beta Tau	Region VIII
Omicron	Region II	Delta Sigma	Region X
Upsilon	Region IV	Delta Tau	Region X
Chi	Region VII	Delta Chi	Region IX
Alpha Zeta	Region VIII	Gamma Delta	Region IX
Alpha Pi	Region V	Gamma Epsilon	Region II
Alpha Psi	Region II	Gamma Theta	Region III
Beta Theta	Region I	Gamma Phi	Region X
Beta Xi	Region VII		